

Subject Knowledge

1.1) Maximum time of hand hygiene

- A) 90 Seconds B) 20-30 Seconds
C) 1 Minute D) 2 Minutes

1.2) Maximum & minimum score of GCS are:

- A) 8-9 B) 8-12 C) 12-13 D) 3-15

1.3) Side effect of chloramphenicol is ?

- A) Dizziness B) Headache
C) Bone marrow suppression D) Immunity suppression

1.4) Needle gauge preferred with Blood Transfusion is

- A) 16 G B) 18 G C) 20 G D) 22 G

1.5) Which of the following is correct series of labor

- A) Engagement, Descent, Flexion, Crowning, Internal rotation of head, Extension, External rotation of head, Restitution.
B) Engagement, Descent, Flexion, Internal rotation of head, Crowning, Extension, Restitution, External rotation of head.
C) Engagement, Descent, Crowning, Flexion, Extension, Restitution, Internal rotation of head, External rotation of head.
D) Engagement, Descent, Flexion, Internal rotation of head, Crowning, Restitution, Extension, External rotation of head.

1.6) Neonates compression ventilation ratio

- A) 1:1 B) 1:2 C) 1:3 D) 1:4

1.7) Identify the given figure



- A) Hohmann retractor B) Farabeuf retractor
C) Doyen retractor D) Denver retractor

1.8) Percentage of burnt perineum is ?

- A) 3-13 Percent B) 9 Percent
C) 18 Percent D) 4.5 Percent

1.9) Which disease not includes in Mission Indradhanush?

- A) Tetanus B) Diphtheria
C) Pneumonia D) Whooping cough

1.10) Birth weight quadruple by ?

- A) 5 Months B) 1 Year C) 18 Months D) 2 Years

1.11) Height of neonate doubles by ?

- A) 4 Years B) 3 Years C) 2 Years D) 1 Years

1.12) SSPE is complication of which disease?

- A) Whooping cough B) Measles
C) Meningitis D) Tetanus

1.13) The term decrease number of RBC is

- A) Anaemia B) Pancytopenia
C) Leukemia D) Thrombocytopenia

1.14) Placenta implantation abnormality placenta implanted deeply into myometrium

- A) Placenta Accreta B) Placenta Previa
C) Placenta Increta D) Placenta Percreta

1.15) Which antiepileptic given by intranasal Route?

- A) Midazolam B) Diazepam C) Clobazam D) Nitrazepam

1.16) All are the signs of good Breastfeeding attachment except.

- A) Baby chin touch to breast B) Baby lower lip inverted
C) Baby secondary areola D) Sucking audible well covered by upper lip

1.17) Intramuscular injection angle is

- A) 15 Degree B) 25 Degree C) 45 Degree D) 90 Degree

1.18) Which congenital cardiac defect does not cause heart failure?

- A) ASD B) VSD C) TGA D) PDA

1.19) Second dose of DPT site of injection

- A) Deltoid muscle B) Gluteus maximus
C) Vastus lateralis muscle D) Gluteus minimus

1.20) Iron dextran given by which route

- A) Intravenous B) Intramuscular
C) Intraosseous D) Intradermal

1.21) Following are the parameters of anthropometry, Which of the following is age independent anthropometry factor:

- A) Mid-arm Circumference B) Weight
C) Height D) Head Circumference

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1.22) Abscess and lump in right breast infected fever postpartum care?

- A) Breastfeeding continue
- B) Left breast feeding from both breast
- C) Bilateral abscess
- D) Give Bronocriptine

1.23) Contraception contraindicated in lactating mother

- A) Combined oral contraceptive pills
- B) Spermicidal jellies
- C) Condom
- D) Copper T

1.24) For Placental removal all methods are used EXCEPT

- A) Give Oxytocin
- B) Give Massage
- C) Controlled cord traction
- D) Prostaglandin E1

1.25) Most common type of episiotomy

- A) Median
- B) Mediolateral
- C) J-shaped
- D) Lateral

1.26) In which Episiotomy tear anal sphincter is intact

- A) 1st degree
- B) 2nd degree
- C) 3rd degree
- D) 4th degree

1.27) Which of the following is not included in the surgical safety checklist:

- A) Verify with patient name and procedure to be done.
- B) Allergy check.
- C) Medications check.
- D) Counselling

1.28) Exclusive breastfeeding is upto ?

- A) 1 Year
- B) 2 Years
- C) 6 Months
- D) 4 Months

1.29) True about complementary feeding is:

- A) It can be started from birth with breast feed.
- B) It can be started by 6 months onwards along with breast feed
- C) It is substitute of breastfeed
- D) Both A and B

1.30) I.V. cannula size for rapid IV infusion

- A) 16 G
- B) 18 G
- C) 20 G
- D) 22 G

1.31) Which is not include in triage system?

- A) Red
- B) Yellow
- C) Green
- D) Blue

1.32) India started COVID-19 vaccination with COVAXIN on

- A) 15 October 2021
- B) 18 December 2021
- C) 16 January 2021
- D) 22 November 2021

1.33) 100 crore vaccination (Covaxin + covishield) completed in India on

- A) 20th October 2021
- B) 21st October 2021
- C) 22nd October 2021
- D) 23rd October 2021

1.34) Convert 38.6 °C to F°?

- A) 98.6
- B) 102.2
- C) 101.48
- D) 103.82

1.35) Sodium Concentration in plasma ?

- A) 110mEq/L
- B) 130mEq/L
- C) 150mEq/L
- D) 170mEq/L

1.36) In laparoscopy gas used is ?

- A) CO₂
- B) N₂O
- C) O₂
- D) Heliox

1.37) Fluid of choice in Burn patient ?

- A) 0.45 Normal Saline
- B) 0.25 Normal Saline
- C) 3% Normal Saline
- D) Ringer Lactate

1.38) Normal urine output in 24 hour?

- A) 300 ml
- B) 500 ml
- C) 2.5 Liter
- D) 1.5 Liter

1.39) Longest bone in Human body?

- A) Humerus
- B) Femur
- C) Tibia
- D) Radius

1.40) When a drug is injected into the bone marrow, this pathway is called

- A) Intraperitoneal
- B) Intrathecal
- C) Intramedullary
- D) Intraarterial

1.41) Which of this is cause of Neural Tube Defects?

- A) Iron deficiency
- B) Vitamin D deficiency
- C) Previous history of Neural Tube Defects
- D) Folate deficiency

1.42) Placenta discard in which colored bag?

- A) Black Bag
- B) Yellow Bag
- C) Red Bag
- D) Blue Bag

1.43) Size numbering of French catheter denotes

- A) Radius of the catheter
- B) Internal diameter of the catheter
- C) External diameter of the catheter
- D) circumference of the catheter

1.44) Which fluid cause shifting of fluid from cell to plasma?

- A) Hypotonic Solution
- B) Isotonic Solution
- C) Alkaline Solution
- D) Hypertonic Solution

1.45) Features of pre-eclampsia are all of the following except:

- A) Changes in vision
- B) Polyuria

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C) Proteinuria

D) Hypertension

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1.46) PDSA stands for

- A) Plan - Direct - Set goals - Apply
B) Plan - divide - Study - Act
C) Plan - Do - Study - Act
D) Plan - Devise - Set goals - Apply

1.47) Full form of DPT:

- A) Diphtheria - Poliomyelitis - Tuberculosis
B) Diphtheria - Pneumococcal Disease - Tuberculosis
C) Diarrhea - Plague - Tuberculosis
D) Diphtheria - Pertussis - Tetanus

1.48) Golden color of amniotic fluid indicates

- A) Post maturity
B) Intrauterine death
C) Rh incompatibility
D) Fetal distress

1.49) In Anaphylactic shock which medications are given?

- A) Atropine
B) Atropine + Noradrenaline
C) Adrenaline + Hydrocortisone
D) Adrenaline

1.50) Incubation period is best defined as:

- A) Time elapsed between first apparent sign to directly or indirectly transmitting pathogenic infectious agents to another susceptible host.
B) Time elapsed between exposure of pathogen to first apparent sign and symptom.
C) The time between when a person is exposed to a bacteria or virus and when a test can accurately detect organism.
D) Both 1 and 2

1.51) Smallest diameter of true pelvis:

- A) Transverse diameter of the pelvic inlet
B) Interspinous diameter
C) Oblique diameter
D) Anteroposterior diameter

1.52) 5th vital sign among the following is?

- A) Temperature
B) Blood Pressure
C) SpO2
D) Pain

1.53) Identify following instrument.



- A) Monopolar cautery pencil
B) Bipolar cautery pencil
C) Electric pencil
D) None of the above

1.54) Infected cotton with blood and other bodily waste should be discarded in?

- A) Red bag
B) Blue bag
C) Yellow bag
D) Black bag

1.55) Which of the following is Universal blood donor?

- A) O-
B) AB+
C) O+
D) B+

1.56) Describe Covid-19 from the following terms:

- A) Endemic
B) Sporadic
C) Epidemic
D) Pandemic

1.57) Main purpose of Ankle type bandage is ?

- A) To immobilize the joint while providing heat and compression to the bones.
B) To promote healing.
C) To prevent ankle displacement fracture.
D) To prevent infection.

1.58) After rapid blood transfusion patient shows tetany indicates?

- A) Hypocalcemia
B) Hypercalcemia
C) Hypokalemia
D) Hyperkalemia

1.59) All are adverse effects of Chloramphenicol, except

- A) Bone marrow suppression
B) Grey baby syndrome
C) Aplastic anemia
D) Pseudoparkinsonism

1.60) BMI grading underweight:

- A) Less than 18.5
B) 18.5 to 24.9
C) 25.0 to 29.9
D) 30. to higher

1.61) Which of the following is the sign of fluid overload?

- A) Sunken eyes
B) Fainting
C) Rapid breathing
D) Jugular vein distention

1.62) Neonate / infant came with choking which is the best method treat such patients?

- A) 5 back slap and 5 chest thrush
B) 4 back slap and 5 chest thrush
C) 3 back slap and 3 chest thrush
D) Heimlich maneuver

1.63) Identify blade size?



- A) 11
B) 15
C) 21
D) 22

1.64) In placental attachment anchored placenta attached with myometrium partial or complete?

- A) Increta
B) Accreta
C) Percreta
D) Battledore placenta

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1.65) Which of the following antitubercular drug causes peripheral neuropathy?

- A) Isoniazid
- B) Pyrazinamide
- C) Rifampicin
- D) Dapsone

1.66) For long term use of which of the following drug is frequent serum drug level monitoring is required?

- A) Amltryptylene
- B) Haloperidol
- C) Lithium
- D) Lorazepam

1.67) All of the following condition use contraception, except

- A) Mother with antihypertensive
- B) Lactating mother
- C) Unexplained vaginal bleeding
- D) newly married

1.68) Child diagnosed with moderate dehydration is treat with ?

- A) 5% dextrose
- B) 10% dextrose
- C) 25% dextrose
- D) Normal saline

1.69) Patient in emergency department total burn 64% but genital area cover total TBSA%?

- A) 9%
- B) 18%
- C) 1%
- D) $4\frac{1}{2}\%$

1.70) Best method to assess malnutrition in adult?

- A) Hb level
- B) Skin fold
- C) MUAC
- D) Chest circumference

1.71) Which is NOT the true features of preeclampsia?

- A) Polyuria
- B) Proteinuria
- C) Edema
- D) Increased Systolic Blood Pressure

1.72) Renal failure Symptom not common in renal failure?

- A) Hyperkalemia
- B) Urine output
- C) Hyponatrimia
- D) Hypokalemia

1.73) Correct method of potassium administration except?

- A) IV bolus
- B) Dilute CNS
- C) Slow intrusion
- D) With Orange Joice

1.74) A nurse caring for patient is asked to drain and measure the Jackson Pratt drain how often should a

A) Every four to six hours the first few days until the amount decreases.

B) Every eight to ten hours the first few days until the amount decreases.

C) Every twelve hours the first few days until the amount decreases.

D) When orders are placed to drain tubings

1.75) Identify this instrument used in neonatal



resuscitation:

- A) Endotracheal tube
- B) Laryngeal mask airway
- C) Airway
- D) Spirometer tube

1.76) After the closure foramen ovale is known as

A) Ligamentum arteriosum

B) Ligamentum venosum

C) Fossa ovalis

D) Bregma

Jackson Pratt drain be emptied ?

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1.77) Which drug is used to treat PDA?

- A) Oxaceprol
- B) Morphine
- C) Dopamine
- D) Indomethacin

1.78) Cannula size used in new-born baby is _____.

- A) 24 size
- B) 22 size
- C) 20 size
- D) 18 size

1.79) Neonatal reflex elicited by touching the cheeks of the baby is:

- A) Moro reflex
- B) Rooting reflex
- C) Startle reflex
- D) Sucking reflex

1.80) When does the anterior fontanelle close in the child?

- A) 6-8 weeks
- B) 6-8 months
- C) 12-18 months
- D) 12-18 weeks

1.81) Which of the following is not a component of Kangaroo mother care (KMC)?

- A) Skin to skin contact
- B) Supplementary nutrition
- C) Exclusive breastfeeding
- D) Early discharge and follow-up

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1.82) Cessation of breathing for 20 seconds is known as

- A) Respiratory arrest
- B) Respiratory distress syndrome
- C) Apnoea
- D) Transient tachypnea

1.83) After the closure ductus arteriosus is known as

- A) Ligamentum arteriosum
- B) Ligamentum venosum
- C) Fossa ovalis
- D) Bregma

1.84) For assessing the gestational age of preterm infant the nurse should use _____

- A) Palmar creases
- B) Reflex stability
- C) Breast bud size
- D) Head to toe length

1.85) What should ANM teach mother for starting the supplementary food of the baby after six months?

- A) Continue breast-feeding for atleast 2 years
- B) Discontinue breast-feeding
- C) Start supplementary food with the fried food
- D) Start with the raw food

1.86) The Nurse health educates the group of middle-aged women to undergo which of the following test for screening of cervical cancer?

- A) Mantoux test
- B) Ultrasonography
- C) Fine needle aspiration
- D) Pap smear cytology

1.87) Delivery of baby happens in which stage of labor?

- A) 1st stage
- B) 2nd stage
- C) 3rd stage
- D) 4th stage

1.88) Which immunoglobulin can cross the placenta and can provide passive immunity to the newborn?

- A) IgG
- B) IgE
- C) IgM
- D) IgA

1.89) Bishop's score includes all, EXCEPT _____.

- A) Cervical dilation
- B) Station of fetal head
- C) Consistency of Cervix
- D) Fetal Heart Rate (FHR)

1.90) Crowning is defined as _____.

- A) When the maximum diameter of the head stretches the vulval outlet without any recession of the head even after the contraction is over
- B) When fetal head and shoulders are visible at pelvic floor
- C) When the head is delivered
- D) Torsion of the neck

1.91) Structural and functional unit between developing embryo and maternal body is

- A) Placenta
- B) Fallopian tube
- C) Eustachian tube
- D) Vas deferens

1.92) The umbilical cord is protected by

- A) Vernix caseosa
- B) Amniotic fluid
- C) Blood substitutes
- D) Wharton's jelly

1.93) Disparity in relation between the fetal head and maternal pelvis is called

- A) Contracted pelvis
- B) Malposition
- C) Unstable lie
- D) CPD

1.94) Out of the following, which is considered as the positive sign of pregnancy?

- A) Fetal movement
- B) Change of the uterus
- C) Breast change
- D) Morning sickness

1.95) The symptom that differentiates eclampsia from pre-eclampsia is:

- A) Hypertension
- B) Seizures
- C) Oidema
- D) Stroke

1.96) The most common cause of abortion in first trimester

- A) Chromosomal abnormality
- B) Trauma
- C) Maternal disease
- D) RTI

1.97) When a drug is to be given at bed time, which of the following coded instruction is used?

- A) sos
- B) od
- C) hs
- D) ac

1.98) A client comes to the clinic with a bleeding nose. Which of the following instruction to the client is most appropriate?

- A) "Sit up with your head tilted forward. Grasp the soft part of your nose firmly between your thumb and forefinger"
- B) "Lay down and tilt your head backward. Grasp the end of your nose between your fingers"
- C) "Sit up and lean backwards. Put pressure on the side of your nose with your hand"
- D) "Lay down and tilt your head to one side and put pressure on the side of your nose with your hand"

1.99) A client with a very dry mouth, skin, and mucous membranes is diagnosed with dehydration. Which intervention should the nurse perform when caring for a client diagnosed with fluid volume deficit?

- A) Assessing urinary intake and output.

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- B) Obtaining the client's weight weekly at different times of the day.
- C) Monitoring arterial blood gas (ABG) results.
- D) Maintaining I.V. therapy at the keep-vein-open rate.

1.100) The nurse is aware that the most common assessment finding in a child with ulcerative colitis is:

- A) Intense abdominal cramps
- B) Profuse diarrhea
- C) Anal fissures
- D) Abdominal distention

1.101) Inability to produce semen in a man is called:

- A) Aspermia
- B) Azoospermia
- C) Asthenospermia
- D) Tetrazoospermia

1.102) In Weber's test, lateralization of sound to diseased ear indicates

- A) Conductive deafness
- B) sensorineural deafness
- C) Tympanic deafness
- D) Combination of both sensorineural deafness and conductive deafness

1.103) Which artery is commonly affected during myocardial infarction (MI)?

- A) Renal artery
- B) Celiac artery
- C) Coronary artery
- D) Hepatic artery

1.104) What is the main sign of the tuberculosis?

- A) Coughing more than 3 weeks
- B) Coughing occasionally
- C) Coughing only at night
- D) Mild coughing time

1.105) The goal of clinical management of a patient with COPD is:

- A) Improvement in ventilation
- B) Increase in bronchial secretions
- C) Improvement in general health
- D) All of the above

1.106) Liver abscess mainly occurs in:

- A) right lobe of the liver
- B) left lobe of the liver
- C) both lobes
- D) None of the above

1.107) In which of the following disease conditions Glucocorticoid therapy is applicable?

- A) Chronic Adrenal Insufficiency
- B) Bronchial Asthma
- C) Preventing rejection in transplantation
- D) All of the above

1.108) The most useful test for the diagnosis of Diabetes mellitus is

- A) Urine glucose
- B) ESR
- C) Glucose tolerance test
- D) Ketone body level

1.109)

A patient with cerebral thrombosis is scheduled for cerebral angiography. Which of the following nursing care is appropriate for this client?

- A) Inform the client that a warm, flushed feeling and a salty taste may occur.
- B) Avoid applying a pressure dressing over the site of puncture.
- C) Keep the extremity used as puncture site flexed to prevent bleeding.
- D) All the above

1.110) What does male intersex mean?

- A) Presence of female external genitalia with male gonads
- B) Presence of male external genitalia with female gonads
- C) A man having sexual relation with another man
- D) A man having sexual relation with a woman

1.111) What is the main reason for angina pectoris ?

- A) Neurological disease
- B) Gastric disease
- C) Respiratory disease
- D) Cardiac disease

1.112) What does cystocele mean?

- A) Accumulation of fluid in the urinary bladder
- B) Bladder sloughing
- C) Bladder infection
- D) Having bladder atrophy

1.113) Side effects of long-term glucocorticoid therapy are:

- A) Peptic Ulcer
- B) Sensitivity to Infection
- C) Cataract and Glaucoma
- D) All of the above

1.114) Cholelithiasis is

- A) Inflammation of gall bladder
- B) Stone in Kidney
- C) Stone in gall bladder
- D) Infection in Kidney

1.115) Which is the best test for detecting liver dysfunction?

- A) Serum albumin
- B) Serum billrubin
- C) SGPT
- D) Prothombin time

1.116) Which of the following is a bone disease that causes loss of bone density and increases the risk of

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fractures?

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A) Osteoporosis B) Hyperglycaemia

C) Hypoglycaemias D) Emphysema

1.117) In Dyspepsia:

- A) Small amount of acid secreted in the stomach.
- B) Acid is secreted in excess in the stomach.
- C) No relation to acid secretion in stomach.
- D) None of the above.

1.118) The reason why lipstick and nail-polish is removed before surgery is :

- A) Surgery becomes easier
- B) Surgery becomes more successful
- C) Psychological benefits to the patient
- D) Cyanosis is checked

1.119) Glucocorticoid therapy should not be stopped suddenly because:

- A) Sudden discontinuation may result in serious mental disorder.
- B) Sudden discontinuation may cause allergic reactions and infections.
- C) Sudden discontinuation may cause severe adrenal insufficiency
- D) None of the above

1.120) The nurse is caring for a male client with a diagnosis of chronic gastritis. The nurse monitors the client knowing that this client is at risk for which vitamin deficiency?

- A) Vitamin A B) Vitamin B12
- C) Vitamin C D) Vitamin E

1.121) Raynaud's disease is a:

- A) Nervous system disease
- B) Digestive system disease
- C) Heart circulatory disease
- D) Respiratory diseases

1.122) The immunoglobulin that is found in breast milk is:

- A) IgG B) IgM C) IgD D) IgA

1.123) The trauma caused during myocardial infarction (MI) and dysrhythmias is:

- A) cardiogenic trauma
- B) hypovolemic trauma
- C) neurogenic trauma
- D) septic trauma

1.124) The volume of urine in oliguria is:

- A) less than 100 ml B) less than 400 ml

1.125) T-tube drainage is used after which surgery

- A) Lobectomy
- B) Billroth
- C) Cholecystectomy
- D) Ileostomy

1.126) The cause of pneumonia in AIDS patient is:

- A) staphylococcus B) streptococcus
- C) pneumocystis coryni D) mycoplasma

1.127) Presence of sugar in urine

- A) Oliguria
- B) Glycosuria
- C) Hematuria
- D) Pyuria

1.128) What is the drug of choice for Thalassemia?

- A) Vincristine B) Vinblastine
- C) Dilantin D) Deferoxamine

1.129) Cancer found in connective tissue is:

- A) Carcinoma B) Sarcoma C) Leukemia D) Metastasis

1.130) Select the correct statement regarding the specific disorder of muscular or skeletal system.

- A) Osteoporosis- decrease in bone mass and higher chances of fractures with advancing age
- B) Myasthenia gravis - an autoimmune disorder characterised by inflammation of the joints.
- C) Gout - inflammation of joints due to extra deposition of calcium
- D) age-related shortening of muscles

1.131) The percentage of population suffering from serious mental illness is?

- A) 3% B) 1% C) 10% D) 5%

1.132) Euphoria is caused by which of the following?

- A) Sedative drugs B) Psychotropic drugs
- C) Fumigant substances D) Both (1) and (2)
- C) less than 800 ml D) does not make urine

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1.133) What is unnecessarily excessive fear of high places called?

- A) Agoraphobia
- B) Acrophobia
- C) Algophobia
- D) Genophobia

1.134) In which chapter of the Mental Health Act, there is a rule regarding the discharge of a mental patient from the hospital?

- A) Chapter-5
- B) Chapter-6
- C) Chapter-7
- D) Chapter-8

1.135) What does zoophobia mean?

- A) inexplicable fear of closed places
- B) inexplicable fear of water

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- C) inexplicable fear of animals
- D) inexplicable fear of open spaces

1.136) Reversible dementia is seen in

- A) Wilson
- B) Myxedema
- C) Alzheimer's
- D) Huntington disease

1.137) Common risk factor in patient with severe depression is

- A) Fatigability
- B) Hallucination
- C) Agitation
- D) Suicidal tendency

1.138) Mental illnesses that cause bodily symptoms, including pain and the symptoms can't be traced back to any physical cause is known as _____

- A) PTSD
- B) Obsessive-Compulsive disorder
- C) Somatoform disorder
- D) Dissociative disorder

1.139) In which type of schizophrenia the patient's motor behavior is greatly disturbed?

- A) Catatonic schizophrenia
- B) Residual schizophrenia
- C) Hebephrenic schizophrenia
- D) Paranoid schizophrenia

1.140) Mania is characterized by:

- A) Paranoid delusion
- B) High self-esteem
- C) Loss of insight
- D) Loss of orientation

1.141) All interventions prevent hypothermia in preterm babies except ?

- A) Use of polyethylene plastic wraps
- B) Using double layered incubators
- C) Using woolen caps to cover head
- D) Keeping the delivery room temperature at 22 degree Celsius

1.142) Surfactant inactivation occurs in

- A) Infant of diabetic mother
- B) Meconium aspiration syndrome
- C) Transient tachypnea of newborn
- D) Bronchopulmonary dysplasia

1.143) Total lung capacity in a newborn is:

- A) 100 mL
- B) 350 mL
- C) 500 mL
- D) 150 mL

1.144) Macrosomia means _____.

- A) Baby with large tongue
- B) Baby with large head
- C) Large size baby
- D) Baby whose birthweight is not adequate to the length

1.145) All the following are normal manifestation in

- A) Uneven head shape
- B) Respirations are irregular, abdominal, 30-60 bpm

- C) Positive moro reflex
- D) Heart rate is 80 bpm

1.146) Estimated date of delivery is calculated using

- A) Mc Donald's rule
- B) Naegele's rule
- C) Rule of nine
- D) Dawn's formula

1.147) Iron supplementation in a healthy term breast fed baby should be started at the age of

- A) 2 weeks
- B) 4 weeks
- C) 8 weeks
- D) 6 weeks

1.148) Which of the following is the correct criterion for low birth weight?

- A) Baby weighing less than 1.5 kg at birth.
- B) Overall baby weight at birth less than 2.5 kg.
- C) Baby weighing less than 4 kg at birth.
- D) Baby weighing less than 3 kg at birth.

1.149) Size of suction catheter used in neonate for oral and nasal suction is _____

- A) 8 Fr
- B) 12 Fr
- C) 14 Fr
- D) 16 Fr

1.150) Best site to demonstrate capillary filling in infants ?

- A) Nail bed
- B) Sternum
- C) Ear lobule
- D) Great toe

1.151) What is the most common and ideal pelvis?

- A) Android
- B) Gynecoid
- C) Platypelloid
- D) Anthropoid

1.152) The feeling of the child's movement by the mother is called:

- A) Lightning
- B) Engagement
- C) Quickening
- D) Ballotment

1.153) The forward bending of the uterus in relation to the vagina is called:

- A) Antelexion
- B) Plantar flexion
- C) Anteversion
- D) Dorsiflexion

a newborn baby EXCEPT

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1.154) Jacquemier's sign is also known as:

- A) Osiander sign
- B) Chadwick sign
- C) Goodell's sign
- D) Hegar's sign

1.155) At which of the following weeks of gestation does the uterus normally reach the level of the xiphisternum?

- A) 32 weeks
- B) 36 weeks
- C) 40 weeks
- D) 42 weeks

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1.156) Forceps should not be used in

A) Polio

B) Chicken pox

C) AIDS

D) TB

- A) Twin delivery
- B) Hydrocephalus
- C) Postmaturity
- D) After coming head of the breech

1.157) Which among the following hormone is secreted by pituitary gland?

- A) Calcitonin
- B) Glucocorticoids
- C) Glucagon
- D) Prolactin

1.158) At what stage of labor is Episiotomy usually done?

- A) First stage
- B) Third stage
- C) Fourth stage
- D) Second stage

1.159) Which hormone is necessary for the positive pregnancy test?

- A) Progesterone
- B) hCG
- C) Estrogen
- D) Placental Lactogen

1.160) An irregular, acyclic bleeding from the uterus is known as:

- A) Polymenorrhea
- B) Metrorrhagia
- C) Oligomenorrhea
- D) Menorrhagia

1.161) Keeping a medicine in the internal cavity of the body in liquid form is called

- A) Inhalation
- B) Instillation
- C) Interval or Insertion
- D) Insflation

1.162) Nosocomial infections are also known as:

- A) Hospital acquired infection
- B) Idiopathic infection
- C) Primary infection
- D) Iatrogenic infection

1.163) Change in the amount of which of the following electrolytes causes 'tetany' disease?

- A) Hypocalcemia
- B) Hypermagnesemia
- C) Hypercalcemia
- D) Hyponatremia

1.164) Which position is mostly recommended for rectal examination?

- A) Lithotomy position
- B) Dorsal recumbent position
- C) Sims position
- D) Prone position

1.165) Which (Preparation) is given in the depth of the muscles by 'Z' technique?

- A) Zinc
- B) Iron
- C) Vitamin-C
- D) Calcium

1.166) Which of the following diseases is not caused by viruses?

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1.167) Components of the Under Five clinic include:

- A) Vaccination
- B) Nutrition Survey
- C) O.R.S. Therapy
- D) All of these

1.168) Malaria is caused by

- A) Plasmodium falciparum
- B) Entamoeba
- C) Retrovirus
- D) Salmonella

1.169) The main cause of lung cancer is

- A) Smoking
- B) Alcohol
- C) Exposure to sunlight
- D) All of the above

1.170) Pulse polio immunization covers:

- A) 0 - 5 yr children
- B) 0 - 1 yr children
- C) 1 - 5 yr children
- D) 0 - 2 yr children

1.171) Fat is stored in:

- A) Blood
- B) Liver
- C) Muscles
- D) Adipose tissue

1.172) Orange is a major source of:

- A) Carbohydrates
- B) Fats
- C) Proteins
- D) Vitamin- C

1.173) The smallest structural unit of a protein is:

- A) Amino Acid
- B) Protease
- C) Peptides
- D) Peptones

1.174) Which of the following is not a vitamin?

- A) Folic Acid
- B) Lactic Acid
- C) Nicotinic Acid
- D) Ascorbic Acid

1.175) Select the false statement regarding fat.

- A) They are heat regulators.
- B) They provide less energy than carbohydrates.
- C) These are unsaturated compounds of C, H, and O.
- D) Together with proteins, they form the cell membrane.

1.176) Sex Education may be introduced at primary stage through

- A) a separate subject
- B) knowledge about hygiene
- C) integration withD) lessons on nature study physical education

1.177) Qualitative and Quantitative Research are the classification of research on the basis of _____

- A) Use of the research
- B) Time dimensions
- C) Techniques used
- D) Purpose of the research

1.178) The following are the principles of health education, except:

- A) Unknown to known
- B) Comprehension
- C) Credibility
- D) Interest

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1.179) What is the main purpose of ABC analysis in material management?

- A) To control purchasing
- B) To control inventories
- C) To control obsolescence
- D) To determine stocking

1.180) Which of the following gases is used in sterilization of medical equipments?

- A) Ethylene oxide gas
- B) Methylene oxide gas
- C) Methane gas
- D) Ethane gas

1.181) Which of the following state has largest forest area according to India State of Forest Report (ISFR), 2019?

- A) Madhya Pradesh
- B) Nagaland
- C) Karnataka
- D) Maharashtra

1.182) In September 2021, who among the following has been elected as new Chief Minister of Punjab?

- A) Ambika Soni
- B) Navjot Singh Siddhu
- C) Sunil Kumar Jakhar
- D) Charanjit Singh Channi

1.183) The Varanasi Kanyakumari National Highway is _____.

- A) NH 15
- B) NH 2
- C) NH 7
- D) NH 47

1.184) The tallest statue in the World of Sardar Patel which was inaugurated by Sh. Narendra Modi is 182 meters tall. This statue is called as

- A) Statue of Liberty
- B) Statue of Unity
- C) Statue of Integrity
- D) Statue of Courage

1.185) The Elephant is a symbol of which Indian political party?

- A) National Congress Party
- B) Communist Party of India
- C) Bahujan Samaj Party
- D) Rashtriya Janata Dal

1.186) World “No Tobacco Day” was observed globally on

- A) 31 May
- B) 2 June
- C) 15 June
- D) 20 June

1.187) In which ecosystem, the vegetation is dominated by grass and herbs?

- A) Forest Ecosystem
- B) Grassland Ecosystem
- C) Tundra Ecosystem
- D) Desert Ecosystem

1.188) Who is appointed as the Chief Election Commissioner in 2021?

- A) Sushil Chandra
- B) Sunil Arora
- C) Sukumar Sen
- D) Rajiv Kumar

1.189) Who was the father of Tipu Sultan?

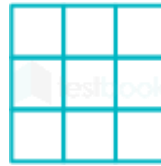
- A) Mir Qasim
- B) Mir Jafar
- C) Haider Ali
- D) Shah Alam

1.190) Ammonia is a compound with the molecular formula of:

- A) N_2O
- B) $NaHCO_3$
- C) $NaOH$
- D) NH_3

1.191) Which of the following words will come second in the English dictionary?

- A) Magical
- B) magnify
- C) material
- D) magnetic



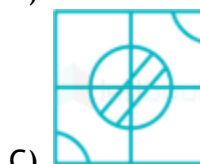
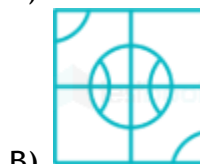
1.192) How many rectangles are there in the above figure?

- A) 25
- B) 30
- C) 9
- D) 36

1.193) From the given answer figure, select the right one in which the question figure is



hidden/embedded?



1.194) Select the related number from the given alternatives. LION : 40 :: TIGER : ?

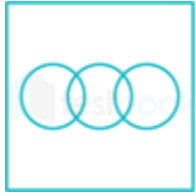
- A) 59
- B) 50
- C) 40
- D) 39

1.195) Identify the diagram that best represents the relationship among the given classes. Male, Father,

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A)



B)



C)



D)

1.196) The length of the bridge, which a train 130 m long and traveling at 45 km/hr can cross in 30 sec is

- A) 200 m B) 225 m C) 245 m D) 250 m

1.197) What should come in place of question mark (?) in the following question $(72 \div 6)$ of $(15 - 3) = ?$

- A) 156 B) 72 C) 144 D) 196

1.198) The ratio of ages of Aman and Harish is 2 : 3. After 1 year, the sum of their ages will be 12. Find the age of Harish.

- A) 60 B) 3 C) 6 D) 4

1.199) 27 men can complete the work of digging of a well in 20 days working 5-hours/day. The work starts. After 4 days, 12 men leave. To complete the digging with its schedule, the remaining men need to work, hours/day is:

- A) 8 B) 6 C) 9 D) 10

1.200) Directions: What should come at the end in the following number series? 0, 2, 10, 30, 68

- A) 125 B) 130 C) 135 D) 140

Answer Key

Q.	Ans	Q.	Ans	Q.	Ans	Q.	Ans
1.1	B	1.52	D	1.103	C	1.154	B
1.2	D	1.53	B	1.104	A	1.155	B
1.3	C	1.54	C	1.105	D	1.156	B
1.4	B	1.55	A	1.106	A	1.157	D
1.5	B	1.56	D	1.107	D	1.158	D
1.6	C	1.57	A	1.108	C	1.159	B
1.7	D	1.58	A	1.109	A	1.160	B
1.8	A	1.59	D	1.110	A	1.161	B
1.9	C	1.60	A	1.111	D	1.162	A
1.10	D	1.61	D	1.112	B	1.163	A
1.11	A	1.62	A	1.113	D	1.164	C
1.12	B	1.63	A	1.114	C	1.165	B
1.13	A	1.64	A	1.115	A	1.166	D
1.14	C	1.65	A	1.116	A	1.167	D
1.15	A	1.66	C	1.117	B	1.168	A
1.16	B	1.67	C	1.118	D	1.169	A
1.17	D	1.68	D	1.119	C	1.170	A
1.18	C	1.69	C	1.120	B	1.171	D
1.19	C	1.70	B	1.121	C	1.172	D
1.20	B	1.71	A	1.122	D	1.173	A
1.21	A	1.72	D	1.123	A	1.174	B
1.22	B	1.73	A	1.124	B	1.175	B
1.23	A	1.74	A	1.125	C	1.176	C
1.24	D	1.75	B	1.126	C	1.177	C
1.25	B	1.76	C	1.127	B	1.178	A
1.26	B	1.77	D	1.128	D	1.179	B
1.27	D	1.78	A	1.129	B	1.180	A
1.28	C	1.79	B	1.130	A	1.181	A
1.29	B	1.80	C	1.131	C	1.182	D
1.30	A	1.81	B	1.132	D	1.183	C
1.31	D	1.82	C	1.133	B	1.184	B
1.32	C	1.83	A	1.134	A	1.185	C
1.33	B	1.84	A	1.135	C	1.186	A
1.34	C	1.85	A	1.136	B	1.187	B
1.35	B	1.86	D	1.137	D	1.188	A
1.36	A	1.87	B	1.138	C	1.189	C
1.37	D	1.88	A	1.139	A	1.190	D
1.38	D	1.89	D	1.140	B	1.191	D
1.39	B	1.90	A	1.141	D	1.192	D
1.40	C	1.91	A	1.142	B	1.193	B
1.41	D	1.92	D	1.143	D	1.194	B
1.42	B	1.93	D	1.144	C	1.195	B
1.43	C	1.94	A	1.145	D	1.196	C
1.44	D	1.95	B	1.146	B	1.197	C
1.45	B	1.96	A	1.147	D	1.198	C
1.46	C	1.97	C	1.148	B	1.199	C
1.47	D	1.98	A	1.149	A	1.200	B
1.48	C	1.99	A	1.150	A		
1.49	C	1.100	B	1.151	B		
1.50	B	1.101	A	1.152	C		
1.51	B	1.102	A	1.153	A		