Qualities of a good nurse (compassion, empathy, patience)

Compassion

1. Compassion is best defined as:
   A) Feeling pain with the patient
   B) Understanding suffering and taking action to relieve it
   C) Ignoring emotional distress
   D) Diagnosing disease

2. Which behavior shows compassion?
   A) Speaking loudly to gain attention
   B) offering support, listening without judgment, and forgiving mistakes.
   C) Finishing tasks quickly
   D) Avoiding emotional patients

3. A compassionate nurse would:
   A) Avoid patient complaints
   B) Sit and talk with a lonely patient
   C) Focus only on vital signs
   D) Pass tasks to juniors

4. Compassion improves patient care by:
   A) Increasing nurse authority
   B) Creating a healing environment
   C) Reducing staff
   D) Avoiding questions

5. Showing compassion during a painful procedure involves:
   A) Finishing fast
   B) Gently explaining and reassuring
   C) Avoiding conversation
   D) Delegating the task

6. A nurse handing tissues to a grieving family is showing:
   A) Cleanliness

B) Compassion
C) Protocol
D) Sympathy

7. True compassion in healthcare requires:
   A) Sympathy alone
   B) Professional distance
   C) Emotional connection and respect
   D) Avoiding involvement

8. Compassionate care involves all EXCEPT:
   A) Kindness
   B) Gentle touch
   C) Impatience
   D) Attentive listening

9. Which phrase reflects compassion?
   A) “That’s not my job.”
   B) “You’ll be fine, deal with it.”
   C) “I feel what you feel and want to help you out of this.”
   D) “Please wait outside.”

10. A nurse who comforts a patient’s fear before surgery is showing:
    A) Fear
    B) Compassion
    C) Anxiety
    D) Indifference

Empathy

11. Empathy is best described as:
    A) Pity
    B) Advice giving
    C) Understanding and sharing another’s feelings
    D) Taking responsibility
12. Empathy differs from sympathy because:
    A) It’s colder
    B) It involves shared understanding, not just feelings

C) It’s more emotional
D) It’s more aggressive

13. Which action shows empathy?
    A) Walking away
    B) open-ended questions and active listening
    C) Repeating orders
    D) Asking to hurry up

14. Empathy in nursing helps to:
    A) Get patients to comply
    B) Build trust and emotional safety
    C) Speed up discharge
    D) Avoid patient interaction

15. Empathetic behavior improves:
    A) Hospital profits
    B) Patient satisfaction
    C) Wait time
    D) Medical error

16. Which sentence reflects empathy?
    A) “You’re making too much fuss.”
    B) "I can only imagine how difficult this must be for you."
    C) “Stop crying, it’s routine.”
    D) “Don’t overthink it.”

Patience

17. Patience in nursing is critical for:
    A) Rushing patient care
    B) Handling challenging behaviors calmly
    C) Performing surgery
    D) Delegating tasks

18. Which behavior reflects patience?
    A) Repeating instructions gently
    B) Ignoring delays
    C) Waiting calmly for response
    D) Complaining

19. An impatient nurse might:
    A) Explain procedures carefully
    B) Build trust
    C) Interrupt patients frequently
    D) Listen fully

20. Patience in mental health nursing helps with:
    A) Fast assessments
    B) Managing behavioral symptoms with care
    C) Avoiding stress
    D) Reducing paperwork

21. A patient keeps asking the same question. A good nurse will:
    A) Ignore them
    B) Get annoyed
    C) Answer politely each time
    D) Refer to doctor

22. Patience is essential in:
    A) Cafeteria
    B) Geriatric and pediatric care
    C) Accounting
    D) Emergency exit

Topic - Qualities of a good nurse (compassion, empathy, patience)

Compassion

1. **B) Understanding suffering and taking action to relieve it**
2. **B) Offering support, listening without judgment, and forgiving mistakes**
3. **B) Sit and talk with a lonely patient**
4. **B) Creating a healing environment**

5. **B) Gently explaining and reassuring**
6. **B) Compassion**
7. **C) Emotional connection and respect**
8. **C) Impatience**
9. **C) “I feel what you feel and want to help you out of this.”**
10. **B) Compassion**

Empathy

11. **C) Understanding and sharing another’s feelings**
12. **B) It involves shared understanding, not just feelings**
13. **B) Open-ended questions and active listening**
14. **B) Build trust and emotional safety**
15. **B) Patient satisfaction**
16. **B) "I can only imagine how difficult this must be for you."**

Patience

17. **B) Handling challenging behaviors calmly**
18. **C) Waiting calmly for response**
19. **C) Interrupt patients frequently**
20. **B) Managing behavioral symptoms with care**
21. **C) Answer politely each time**

22. **B) Geriatric and pediatric care**